



Crittenton
Services, Inc.

Professional Training Schedule

January—April
2010

At the forefront of providing
**gender-responsive treatment and
training**

and continuing education opportunities for
professionals in the fields of social work,
nursing, and counseling

Gender-Responsive Residential Treatment
For Adolescent Females
Wellspring Family Services
Cradles to Crayons Developmental Childcare
2606 National Road
Wheeling, WV 26003
(304) 242-7060
(304) 242-7076 (fax)
www.florencecrittenton.net

Welcome to Crittenton Services

For more than a century, the cornerstone of Crittenton Services has been our residential program for girls between the ages of 12 and 18. Begun in 1895 as a home for unwed mothers, we continue to provide the only residential mother/infant maternity care for teenagers in West Virginia. Today, however, maternity care is but one aspect of our program's **gender-responsive treatment**: comprehensive behavioral health treatment that recognizes and responds to the unique needs, challenges, and strengths of girls and women. Our 42-bed facility is located in Wheeling.

Although the 114-year-old residential program is often the most recognized of Crittenton's programs, our **child care** and **home- and community-based behavioral health divisions** are also of great importance to the agency and to the communities we serve. Over 75 percent of children and families served by Crittenton last year were clients either of our **Cradles to Crayons Developmental Child Care** or **Wellspring Family Services** programs. Wellspring offices serve families in 16 counties in northern West Virginia with offices in Wheeling, New Martinsville, Weirton and Morgantown. Cradles to Crayons offers a variety of day care, preschool, and before-and after-care elementary school services in Ohio County.

Crittenton is licensed by the West Virginia Department of Health and Human Services as a residential maternity facility and a Level II behavioral health center and child care agency, and we are one of only 15 agencies in the state of West Virginia accredited by the Council on Accreditation (COA) — the premiere accrediting body for agencies serving children and families.

Registration Form

Please return form with payment; make checks payable to "Crittenton Services, Inc." Please feel free to make copies of this form. You may pay for multiple workshops or participants with one check.

Name _____

Agency _____

Mailing Address _____

Phone _____ Fax _____

Workshop(s) and name(s):

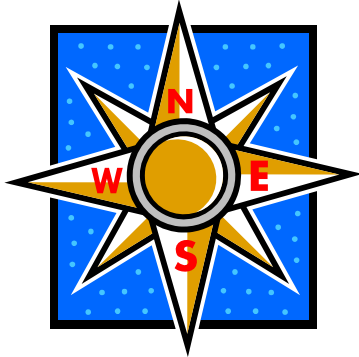
I am attending in order to receive (please check)

_____ WV Social Work contact hours/CEUs; WVBSW
Provider # 490041

_____ WV Nursing contact hours/CEUs; WVBRN
Provider #WV97-0186RN

_____ WV LPC contact hours/CEUs; WVBEC
Provider #WVBEC-516

Workshop Basics



Directions

From I-70 East or West, take Exit #5 (Route 40, Triadelphia/ Elm Grove). At the end of the exit ramp, turn right (east) onto Route 40 (also National Road) and continue past the Elm Grove Crossing shopping plaza. You will pass the Elm Grove Dodge dealership and a small church on your right. Immediately, before you drive onto the new bridge, turn right onto the road which will take you past the residential building on your right. Continue on this road. The agency's administration building is the one-story, tan-colored brick building on the left side of the road. Look for the teal-colored awning with "**Florence Crittenton**" on it.



Crittenton Services is pleased to provide training opportunities for professionals in the fields of social work, and counseling. West Virginia social work, and LPC contact hours are available for those seeking continuing education credits (WVBSW Provider # 490041, and WVBEC Provider #WVBEC-516.

Seating is limited; maximum registration is 20 per workshop, except where otherwise indicated. Registrations are accepted on a first-come basis. Registration form and payment must be received no fewer than three days prior to training date.



Payment may be made by: check; money order; cash; Visa, MasterCard or debit card. Please make checks payable to "Crittenton Services, Inc." In general, the cost of a workshop is \$10 per contact hour/CEU. Trainings are free to employees.



A refund will be given if a cancellation is made more than 24 hours prior to the training, or if the workshop is cancelled by Crittenton Services. In the event of inclement weather, workshop(s) will be postponed if school is cancelled for the day by Ohio County Schools.

Our conference room is **wheelchair-accessible**. If you have any special needs or any questions about our workshops, please contact our Training Coordinator at (304) 242-7060.



“Motivational Interviewing”

Location: Crittenton Services Administration Building

Wednesday, January 13, 2010 5:30 ~ 7:30 pm

Location: Crittenton Services Administration Building

Cost: \$20 (2 contact hours/CEUs)

Facilitator: Kate McDonald, MA

Motivational Interviewing was developed by William R. Miller, Ph.D., and Stephen Rollnick, Ph.D., in the 80's. Motivational Interviewing is an evidence-based treatment proven effective across many populations and practices (i.e. addictions, compulsions, managing mental and medical concerns, and criminal behavior). MI provides a way to give responsibility to the client for changing and focuses on building practitioners skills to lead clients to be motivated to change.

Objectives:

- Implement approaches to motivation, emphasizing Prochaska & DiClemente's "stages of change"
- Clarify the provider's role and client's role throughout the change process
- Enhance client's intrinsic desire for change
- Recognize counseling traps to avoid
- Utilize key strategies of motivational interviewing



“Mental Health Social Work”

Location: Crittenton Services Administration Building

Thursday, April 15, 2010 5:30 ~ 8:45 pm

Cost: \$30 (3 contact hours/CEUs)

Facilitator: Robert Kolb, MSW, LICSW
Clinical Site Director, Wellspring Family Services
Wheeling Office



Participants will gain further knowledge related to the field of Mental Health Social Work. Participants will increase understanding of the Bio-psycho-social model of mental illness, mental health diagnoses, services provided and theoretical approaches utilized by mental health social workers. Participants will also improve awareness of potential ethical issues facing mental health social workers.

Objectives of workshop:

- To better understand and apply the Bio-psycho-social model of Mental Illness and Mental Health
- To increase understanding of Psychopathology/Mental Health Diagnoses
- To gain knowledge related to services provided by Mental Health Social Workers
- To identify and examine potential Ethical Issues related to Mental Health Social Work

Robert Kolb MSW, LICSW is currently employed as the Clinical Site Director for the Wheeling office of Wellspring Family Services. He also serves as a clinical social worker with Wellspring Family Services. Robert has over 8 years of clinical social work experience. He was employed with The Center for Behavioral Medicine (Weirton Medical Center) for 8 years. Robert worked on the Inpatient Psychiatric Unit serving adults and the outpatient clinic serving adults, children, families, and couples as a clinical therapist/social worker. Robert obtained his Bachelor's of Science Degree from Bethany College in 1999 and his Master's of Social Work from West Virginia University in 2001 (specializing in Direct Practice Mental Health).

“The Co-occurrence of Domestic Violence And Child Abuse: Assessment and Intervention”

Location: Crittenton Services Administration Building

About the Facilitator:

Carol R. Amendola, MSW, LGSW, has 19+ years experience in Child Protective Services in the state of Ohio, working with abused and neglected children as an Investigator and an Ongoing/Protective caseworker. During her tenure as a CPS worker, Carol encountered numerous families where domestic violence accompanied the abuse of the children and worked closely with the local women’s shelter on those cases.

Carol earned her Bachelor of Science in Mental Health and Human Services from the University of Steubenville, a Master of Social Work degree from West Virginia University, and is licensed in the state of West Virginia as a Graduate Social Worker. Carol currently serves as the Clinical Site Director of Wellspring Family Services Weirton, serving Hancock and Brooke counties. Carol is also an adjunct professor at WVU in the MSW program and the Franciscan University of Steubenville in the Sociology Department.



““Motivational Interviewing”

Location: Crittenton Services Administration Building

About the Facilitator:

Kate McDonald, MA, is currently a Clinical Team Leader at Crittenton Services, Inc. residential program. Kate has five years experience working with at-risk females and their families in crisis counseling and gender-responsive treatment. Kate began working with crisis pregnancy centers and specialized in volunteer training and program development. Kate brought her crisis pregnancy and parenting training experience when she started at Crittenton as an intern and Direct Service Worker before becoming a therapist and then Clinical Team Leader.

Mrs. McDonald earned her Master’s Degree in Counseling from Franciscan University of Steubenville and her Bachelor’s degree in Health Science Education from the University of Florida. She is currently a provisionally licensed counselor in the state of West Virginia.



“Help For Troubled Teens”

Location: Crittenton Services Administration Building

Thursday, February 25, 2010 5:30 ~ 7:30 pm

Cost: \$20 (2 contact hours/CEUs)

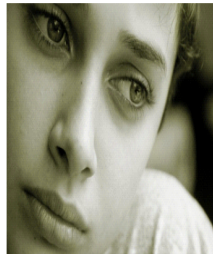
Facilitator: Liz Harshberger, MA, LCSW

Clinical Site Director, Wellspring Family Services
New Martinsville Office

Teen stress is very common among adolescents today. Teen stress can lead to more serious problems. Participants will learn more about the following areas affecting teens and will be given some tools to use to parent teens.

Objectives:

- Identify signs of teen stress
- Signs and symptoms of teen depression
- Suicide warning signs in teenagers
- Self-esteem
- Gambling among teens
- Teen anger



Liz Harshberger, MA, LCSW, is the current Clinical Site Director and Therapist for Wellspring Family Services New Martinsville office, serving Wetzel and Tyler Counties. Liz has worked at Wellspring for 9 years. She previously worked as a therapist at Northwood Health Systems and in private practice. She completed her Bachelor's Degree in Psychology from West Liberty State College and her Master's Degree in Counseling and Guidance from West Virginia University. Liz is licensed in West Virginia as a Certified Social Worker. She is also certified to treat gambling addictions.

“The Co-occurrence of Domestic Violence And Child Abuse: Assessment and Intervention”

Location: Crittenton Services Administration Building

Tuesday, March 16, 2010 5:30 ~ 7:30 pm

Cost: \$20 (2 contact hours/CEUs)

Facilitator: Carol R. Amendola, MSW, LGSW

Clinical Site Director, Wellspring Family Services
Weirton Office

An increasing body of research and clinical expertise alerts us to an alarming fact: children raised in families where domestic violence occurs are more likely to be physically abused and engage in youth violence as they grow up due to risk factors commonly found in these families. This 2 hour workshop will address:

- Definition of domestic violence and physical abuse
- Common risk factors
- The overlap of domestic violence and physical abuse
- The “Cycle of Violence”
- Assessment of violence in homes
- Interventions

