



Crittenton &  
Wellspring Family  
Services, Inc.

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## Professional Training Schedule

February ~ June  
2012

At the forefront of providing  
**gender-responsive treatment and  
training**

and continuing education opportunities for  
professionals in the fields of social work and  
counseling

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Gender-Responsive Residential Treatment  
For Adolescent Females  
Wellspring Family Services  
Cradles to Crayons Developmental Childcare  
IOP (Intensive Outpatient Program)  
[www.florencecrittenton.net](http://www.florencecrittenton.net)

# Welcome to Crittenton Services

For more than a century, the cornerstone of Crittenton Services has been our residential program for girls between the ages of 12 and 18. Begun in 1895 as a home for unwed mothers, we continue to provide the only residential mother/infant maternity care for teenagers in West Virginia. Today, however, maternity care is but one aspect of our program's **gender-responsive treatment**: comprehensive behavioral health treatment that recognizes and responds to the unique needs, challenges, and strengths of girls and women. Our 42-bed facility is located in Wheeling.

Although the 117-year-old residential program is often the most recognized of Crittenton's programs, our **child care and home— and community-based behavioral health divisions** are also of great importance to the agency and to the communities we serve. Over 75 percent of children and families served by Crittenton last year were clients either of our **Cradles to Crayons Developmental Child Care** or **Wellspring Family Services** programs. Wellspring offices serve families in 18 counties in northern West Virginia with offices in Wheeling, New Martinsville, Weirton and Morgantown. Cradles to Crayons offers a variety of day care, preschool, and before-and after-care elementary school services in Ohio County.

Crittenton is licensed by the West Virginia Department of Health and Human Services as a residential maternity facility and a Level II behavioral health center and child care agency. We are one of only 15 agencies in the state of West Virginia accredited by the Council on Accreditation (COA) — the premiere accrediting body for agencies serving children and families.

## Paint The Town Pink 2012

Paint the Town Pink  
Presented by  
Crittenton Services, Inc

Dinner by

Rocco Basil

Chef

Entertainment Provided by Redline  
Silent Auction

Raffle for a round trip ticket to  
gas

Las Ve-

Saturday, March 31, 2012  
Wheeling Artisan Center

For Reservations  
more information

304-242-7060

or  
call

All Proceeds Benefit  
The Crittenton Foundation  
support  
Crittenton Services, Inc.

to

# To Better Serve You

## Wellspring Family Services Program Sites

### **Morgantown**

*Serving Monongalia, Marion, Harrison, Preston & Taylor Counties*  
165 Scott Ave., Suite 208  
Morgantown, WV 26505  
Phone: 304-292-1716  
Fax: 304-292-1766

### **New Martinsville**

*Serving Wetzel, Tyler, Wood, Wirt, Pleasants, Calhoun, Doddridge, Ritchie and Gilmer Counties*  
761 Third Street  
New Martinsville, WV 26155  
Phone: 304-455-3035  
Fax: 304-455-3076

### **Weirton**

*Serving Brooke & Hancock Counties*  
3200 Main Street  
Weirton, WV 26062  
Phone: 304-748-3768  
Fax: 304-748-3769

### **Wheeling**

*Serving Ohio and Marshall Counties*  
2606 National Road  
Wheeling, WV 26003  
Phone: 304-242-7060  
Fax: 304-845-3064

## Cradles To Crayons Childcare Centers

### **Infant & Toddler** Ages 6 wks to 36 months

#### **Elm Grove Site**

2606 National Road  
Wheeling, WV 26003  
Time: 7 am - 6 pm  
PH# 304-242-7060

#### **Wheeling Park High School**

1976 Park View Road  
Wheeling, WV 26003  
Time: 7 am - 3 pm  
PH# 304-243-0400

#### **Pre -School**

### **Ages 4-5 yrs (must be by Sept 1)**

#### **Middle Creek Elementary**

Rt. #1 Box 386  
Wheeling, WV 26003  
Time: 9 am - 3 pm, Mon—Thurs  
PH# 304-243-0369

#### **Before & After Care**

#### **School Aged Children**

#### **Middle Creek Elementary**

Rt. #1 Box 386  
Wheeling, WV 26003  
Time: 7 am - 6 pm  
PH# 304-243-0369

#### **Before & After Care**

#### **School Aged Children**

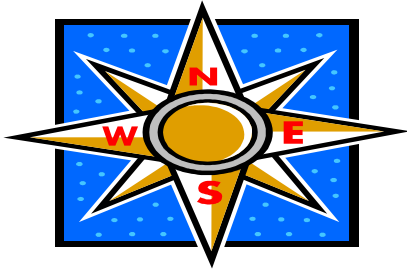
#### **Woodsdale Elementary**

1 Bethany Pike  
Wheeling, WV 26003  
Time: 7 am - 6 pm  
PH# 304-242-7060



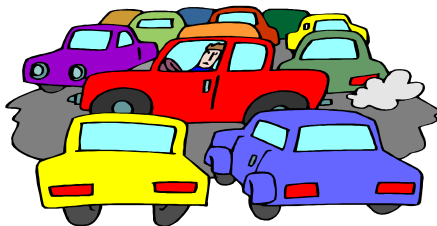
# Registration Form

Crittenton Services, Inc.  
2606 National Road  
Wheeling, WV 26003  
(304) 242-7060  
(304) 242-7076 (fax)  
www.florencecrittenton.net



## Directions

**From I-70 East or West**, take Exit #5 (Route 40, Triadelphia/ Elm Grove). At the end of the exit ramp, turn right (east) onto Route 40 (also National Road) and continue past the Elm Grove Crossing shopping plaza. You will pass the Elm Grove Dodge dealership and a small church on your right. Immediately, before you drive onto the new bridge, turn right onto the road which will take you past the residential building on your right. Continue on this road. The agency's administration building is the one-story, tan-colored brick building on the left side of the road. Look for the Sage-Green awning with "**Crittenton Services, Inc**" on it.



Please return form with payment; make checks payable to "Crittenton Services, Inc." Please feel free to make copies of this form. You may pay for multiple workshops or participants with one check.

Name: \_\_\_\_\_

Agency: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

Visit our website and register at  
[www.florencecrittenton.net](http://www.florencecrittenton.net)

## Training Workshops:

Sensory Connection \_\_\_\_\_ Wheeling \_\_\_\_\_ Morgantown

Addiction Issues with Adolescents \_\_\_\_\_ Wheeling \_\_\_\_\_ Morgantown

Sand-Tray Therapy \_\_\_\_\_ Wheeling \_\_\_\_\_ Morgantown

LPC "ETHICS" \_\_\_\_\_ Wheeling \_\_\_\_\_ Morgantown

Abuse & Neglect \_\_\_\_\_ Wheeling \_\_\_\_\_ Morgantown  
The Foundation of Childhood Trauma

## I am attending in order to receive (please check):

\_\_\_\_\_ WV Social Work contact hours/CEUs; WVBSW Provider # 490041

\_\_\_\_\_ WV LPC contact hours/CEUs; WVBEC Provider # WVBEC-516

## “Abuse and Neglect:”

The Foundation of Childhood Trauma  
Facilitator: Carol R. Amendola, MSW, LGSW  
Clinical Site Director: Weirton Wellspring Office

**Tuesday, June 5, 2012 5:30 ~ 7:30 pm**

**Cost: \$30** (2 contact hours/CEUs)

**Location:** Crittenton Services Administration Building

**Thursday, June 14, 2012 5:00 ~7:00 pm**

**Cost \$30** (2 contact hours/CEUs)

**Location:** Wellspring Family Services, Morgantown

Alarming high numbers of children & adolescents who enter treatment systems have trauma histories. Without knowledge of abuse/neglect and obtaining a thorough social history, some of these children may fall between the cracks & receive therapy for only their “symptoms” without clinicians ever getting to the real root of the problem.

This training will identify and explore two main antecedents for childhood trauma: abuse and neglect, and encourage participants to “dig deeper” into their clients histories and uncover any hidden trauma to improve treatment outcomes.

### **Participants of this training will learn:**

- Prevalence of childhood trauma
- Definitions of abuse & neglect
- Why “removal” is not always the answer
- How abuse & neglect lay the foundation for trauma responses
- Common DSM diagnoses
- Implications for treatment

**Carol R Amendola, MSW, LGSW**, has 19+ years experience in Child Protective Services in the State of Ohio, working with abused and neglected children as an investigator and an Ongoing/Protective caseworker. Carol earned her bachelor of Science degree in Mental Health & Human Services from the University of Steubenville, a Master of Social Work degree from WVU, and is licensed in the State of WV as a Graduate Social Worker. For the past 6 yrs, Carol has served as the Clinical Site Director of Wellspring Family Services in Weirton, serving Hancock and Brooke Counties. Carol has also taught Social Work courses as an Adjunct Professor at WVU in the MSW program and at Franciscan University of Steubenville.

## Wheeling Workshop Basics



Crittenton Services is pleased to provide training opportunities for professionals in the fields of social work and counseling. West Virginia social work and LPC contact hours are available for those seeking continuing education credits (WVBSW Provider # 490041, and WVBECE Provider #WVBECE-516).

**Seating** is limited; maximum registration is 20 per workshop, except where otherwise indicated. Registrations are accepted on a first-come basis. Registration form and payment must be received no fewer than three days prior to training date.



**Payment** may be made by: check; money order; cash; Visa, MasterCard or debit card. Please make checks payable to “Crittenton Services, Inc.” In general, the cost of a workshop is \$15 per contact hour/CEU. Trainings are free to employees.



**A refund** will be given if a cancellation is made more than 24 hours prior to the training, or if the workshop is cancelled by Crittenton Services. In the event of inclement weather, workshop will be postponed if school is cancelled for the day by Ohio County Schools.

Our conference room is **wheelchair-accessible**. If you have any special needs or any questions about our workshops, please contact our Training Coordinator at (304) 242-7060 ext. 153.



Wellspring Family Services  
165 Scott Avenue, Suite 208  
Morgantown, WV 26505

(304) 292-1716

(304) 242-7060

(304) 242-7076 (fax)

[www.florencecrittenton.net](http://www.florencecrittenton.net)

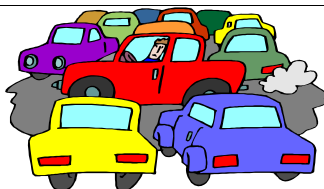


## Directions

**From I-79 South**, take Exit 21 toward Morgantown. Merge onto I-68 via Exit 148 toward Cumberland. Take US-119 - Exit 1 toward University Avenue / Downtown. Turn left onto US-119 / Grafton Road. Turn left on Scott Avenue / CR-119 / 33. End at Wellspring Family Services, 165 Scott Avenue, Suite 208.

**From Clarksburg**, merge onto US-50 East. Merge onto I-79 North toward Fairmont. Merge onto I-68 East via Exit 148 toward Cumberland. Take the US-119 - Exit 1 - toward University Avenue / Downtown. Turn left onto US-119 / Grafton Road. Turn left onto Scott Avenue / CR-119 / 33. End at Wellspring Family Services, 165 Scott Avenue, Suite 208.

**From Bruceton Mills**, turn right onto WV-26. Merge onto I-68 West toward Morgantown. Take the US-119 - Exit 1 - toward University Avenue / Downtown. Turn left onto US-119 / Grafton Road. Turn left onto Scott Avenue / CR-119 / 33. End at Wellspring Family Services, 165 Scott Avenue, Suite 208.



## “LPC ETHICS”

Facilitator: Kathy Szafran, MA, LPC  
President & CEO of Crittenton Services

Wednesday, May 16, 2012 5:30 ~ 8:45 pm

Cost: \$45 (3 contact hours/CEUs)

Location: Crittenton Services Administration Building

Wednesday, May 23, 2012 5:30 ~ 8:45 pm

Cost \$45 (3 contact hours/CEUs)

Location: Wellspring Family Services, Morgantown

### Participants will:

- Increase their knowledge of ACA Code of Ethics
- Learn to apply ACA Code of Ethics to real counseling situations
- Integrate HIPAA requirements into ACA Code of Ethics and the resolution of Ethical Issues

**Kathy Szafran, MA, LPC**, is the President and CEO of Crittenton Services with over 22 years of Behavioral Health experience encompassing senior level management, program and policy development, quality improvement, budget management, training and consulting, marketing, grant writing, clinical supervision and group, individual and family therapy. Ms. Szafran was a presenter at two Child Welfare League of American National Conferences. She is a qualified expert witness for legal proceedings regarding the clinical treatment of abused children. She participated as a member of former Governor Manchin’s Transition Team during 2004 and was appointed to the Comprehensive Behavioral Health Advisory Board serving the former Governor and the State of West Virginia. Ms Szafran has also been chosen to be a member of a committee for the National Florence Crittenton Mission Board, as they move forward to “brand” the Crittenton name and become national leaders in the care and treatment of young women and girls. She is past the President of the West Virginia Child care Association.

## “Sand-Tray Therapy”

Facilitator: Elizabeth Reed MSW, LICSW  
Clinical Site Director: Wheeling Wellspring Office

Tuesday, April 17, 2012 5:30-7:30 pm

Cost: \$30 (2 contact hours/CEUs)

Location: Crittenton Services Administration Building

Tuesday, April 24, 2012 5:30-7:30 pm

Cost \$30 (2 contact hours/CEUs)

Location: Wellspring Family Services, Morgantown

### Objectives:

- Definition of Sand-Tray Therapy: How can it help our clients?
- Who can it help? Populations for Treatment
- How to make or assemble a sand-tray
- How many miniatures are “best” for treatment? Where do I get them? What types of objects are important to have as part of the sand-tray
- What if I work in the community or move from site to site? How can sand-tray be an effective treatment tool for my clients?

**Elizabeth Reed MSW, LICSW**, is currently the Clinical Site Director of the Wheeling Wellspring Office. Before taking her position with Wellspring Family Services, Elizabeth had been working in the field of Social Work and Direct Service since 1996. Elizabeth has experience as both a Residential and Outpatient Therapist as well as a Director of Case Management. Elizabeth’s career began as Crisis Line Coordinator for an agency in the state of Ohio. Elizabeth earned her Master’s Degree in Social Work from WVU and her Bachelor’s Degree from West Liberty State College.

## Morgantown Workshop Basics



Crittenton Services is pleased to provide professional advancement training opportunities for professionals in the fields of social work and counseling. West Virginia social work and LPC contact hours are available for those seeking continuing education credits (WVBSW Provider # 490041, and WVBECE Provider #WVBECE-516).

**Seating** is limited; maximum registration is 10 per workshop, except where otherwise indicated. Registrations are accepted on a first-come basis. Registration form and payment must be received no fewer than three days prior to training date.



**Payment** may be made by: check; money order; cash; Visa, MasterCard or debit card. Please make checks payable to “Crittenton Services, Inc.” In general, the cost of a workshop is **\$15** per contact hour/CEU. Trainings are free to employees.



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Our conference room is **wheelchair-accessible**. If you have any special needs or any questions about our workshops, please contact our Training Coordinator at (304) 242-7060 ext. 153.



## “Sensory Connection”

Facilitator: Lisa McGinty, MA, ET, ATR-BC, LSW  
Crittenton Services Residential Therapist

Thursday, February 9, 2012 5:30-7:30 pm

Cost: \$30 (2 contact hours/CEUs)

Location: Crittenton Services Administration Building

Thursday, February 16, 2012 5:30-7:30 pm

Cost \$30 (2 contact hours/CEUs)

Location: Wellspring Family Services, Morgantown

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### Training Objectives:

- Sensory Connection Program
- Sensory Approaches
- Self-regulation and Arousal (Getting in touch with feelings is essential)
- Calming or Alerting—How do we know?

**Lisa R. McGinty, MA, ET, ATR-BC, LSW, Licensed Social Worker and Art Therapist**, is currently working for Crittenton Services as a Residential Therapist. She has worked in the field of Expressive Art Therapy and Social Work for 23 years. She previously worked as a Therapist for Ohio Valley Medical Center, Fox Run Hospital, Community Mental Health, Home Based Therapeutic Service, and she had her own private practice for several years in the Ohio Valley. Lisa completed her Bachelor’s Degree in Art Therapy from Bowling Green State University and her Master’s Degree in Expressive Arts Therapy from Lesley University in Cambridge, Massachusetts. Lisa also has an Associate Degree in Core Somatics from Somatic Institute of Pittsburgh, Pennsylvania.

## “Addiction Issues with Adolescents”

Facilitator: Kenneth D. Nice III, MSW, LGSW  
Clinical Site Director: New Martinsville Wellspring Office

Thursday, March 8, 2012 5:30-7:30 pm

Cost: \$30 (2 contact hours/CEUs)

Location: Wellspring Family Services, Morgantown

Thursday, March 22, 2012 5:30-7:30 pm

Cost \$30 (2 contact Hours/CEUs)

Location: Crittenton Services Administration Building

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### Training Objectives:

- What is Addiction?
- Disease Concept of Addiction
- Teen Substance Abuse
- Prevalence in WV
- Neurobiology of Addiction
- Other Addictions
- Treatment of Addictions
- Family Involvement

**Ken Nice MSW, LGSW** is currently employed as the Site Director for the New Martinsville office of Wellspring Family Services. Ken has over 10 years of Social Work experience. He was employed with Evergreen Behavioral Health Center for years as a case manager. Ken also worked as an outpatient therapist for Wellspring Family Services in New Martinsville serving adults, children, families and couples as a therapist/social worker. Ken obtained his Bachelor of Arts degree from West Virginia University in 2001 and his Master’s of Social Work (Specializing in Direct Practice Mental Health) from West Virginia University in 2005.